

HERTS COUNTY AAA U20 MEN 2005 RANKINGS

100m

11.0 +3.1	Adam Daish	U20	HPX	19/6	Haringey
11.04 +1.2	Adam Daish	U20	HPX	16/7	Copthall
11.1	Gareth Dodd	U20	HPX	30/7	Ware
11.13 +3.4	Michael Ajibulu	U20	HPX	28/8	Abingdon
11.3 +2.7	Tom Lake	U20	HPX	19/6	Haringey
11.3	Michael Ajibulu	U20	HPX	30/7	Ware
11.4 +1.3	Tom Lake	U20	HPX	11/6	Hemel H
11.6	Damian Seenandan	U20	E&H	22/6	Enfield
11.68	Sam Kilbey	U20	SBH	15/5	Watford
11.7	Richard Hansard	U20	D&T	25/6	Harrow
12.02 +2.3	Robert Rumble	U20	HPX	11/6	Hexham
12.1	Rob Jones	U20	HPX	2/5	Stevenage
12.1 +3.0	Andrew Waddington	U20	HPX	19/6	Haringey
12.1	James Francois	U20	D&T	18/9	Jarman Fields
12.17 +1.2	Robert Rumble	U20	HPX	6/8	Exeter
12.23	T Catchpole	U20	WAT	15/5	Watford
12.30 +2.2	Pat Barrett	U20	HPX	6/8	Exeter
12.4	Oliver Keates	U20	HPX	2/5	Stevenage
12.5	Lee Grint	U20	SNH	12/7	Stevenage
12.5	Paul Rose	U20	D&T	24/6	Haringey
12.5	Benjamin Shipley	U20	D&T	18/9	Hemel H
12.62	G Mangat	U20	WAT	15/5	Watford
12.7 -0.4	Pat Barrett	U20	HPX	25/6	Hemel H
12.7	Melvin Auburn	U20	SNH	2/9	Stevenage
12.9	Richard Wentford	U20	D&T	24/4	Woodford Green
13.55 +1.3	Daniel Tarrant	U20	HARR	24/9	Hemel H

200m

22.1	Adam Daish	U20	HPX	20/8	Bedford
22.22 -0.9	Gareth Dodd	U20	HPX	14/8	Haringey
22.7	Michael Ajibulu	U20	HPX	22/6	Haringey
23.3	Tom Lake	U20	HPX	7/5	Hastings
23.58	Damian Seenandan	U20	E&H	15/5	Watford
23.66	B Speed	U20	WAT	15/5	Watford
24.14	T Catchpole	U20	WAT	15/5	Watford
24.4	Paul Rose	U20	D&T	24/7	Haringey
24.6	Melvin Auburn	U20	SNH	25/6	Harrow
24.7	Pat Barrett	U20	HPX	10/7	Watford
24.8	James Francois	U20	D&T	18/9	Jarman Fields
25.2	Richard Wentford	U20	D&T	24/4	Woodford Green
26.6	Kyle Lockyer	U20	D&T	24/4	Woodford Green
27.6	Shaun Daly	U20	D&T	10/7	Watford

400m

48.24	Adam Daish	U20	HPX	9/7	Birmingham
48.54	Gareth Dodd	U20	HPX	15/5	Watford
49.50	Rhys Fowler	U20	E&H	11/9	Derby
51.4	Michael Ajibulu	U20	HPX	9/7	Watford
51.53	B Speed	U20	WAT	15/5	Watford
51.84	Aaron Dombey	U20	WAT	15/5	Watford
51.9	Robert Rumble	U20	HPX	25/6	Hemel H
52.13	Stuart Brill	U20	StA	15/5	Watford
53.3	Steven Smith	U20	HPX	24/7	Haringey
53.82	Pat Barrett	U20	HPX	6/8	Exeter
54.6	Oliver Keates	U20	HPX	22/5	Ware
57.1	Paul Rose	U20	D&T	19/6	Haringey
60.74	Daniel Tarrant	U20	HARR	24/9	Hemel H

800m

1:53.53	Rhys Fowler	U20	E&H	13/7	Watford
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2:00.3	Gareth Dodd	U20	HPX	24/7	Haringey
2:00.84	Steven Smith	U20	HPX	16/7	Copthall
2:04.7	Richard Tarpey	U20	HPX	15/5	Watford
2:05.22	Dan Christian	U20	E&H	24/4	Barking
2:06.64	Aaron Willacombe	U20	E&H	24/4	Barking
2:09.20	Jack Parslow	U20	D&T	18/4	Watford
2:11.3	Bryn Reynolds	U20	HPX	15/5	Watford
2:17.1	D Tarrant	U20	HARR	15/5	Watford
2:18.9	Alex Gardner	U20	D&T	24/4	Woodford Green
2:19.3	Oliver Keates	U20	HPX	30/7	Ware
2:20.0	Terry Brennan	U20	HPX	21/5	St Ives
2:34.5	Paul Rose	U20	D&T	7/5	Ipswich

1500m

4:03.66	Jon Pepper	U20	E&H	24/7	Sutton
4:03.66	Richard Franzese	U20	HARR	28/8	Abingdon
4:17.34	Jack Parslow	U20	D&T	15/6	Watford
4:21.5	Dan Poulton	U20	SNH	9/7	Haringey
4:21.3	Pat Barrett	U20	HPX	2/5	Stevenage
4:22.8	Richard Tarpey	U20	HPX	2/5	Stevenage
4:23.4	Bryn Reynolds	U20	HPX	24/4	Woodford
4:27.7	Robert Rumble	U20	HPX	26/6	Hemel H
4:29.8	Terry Brennan	U20	HPX	2/5	Stevenage
4:32.4	Oliver Keates	U20	HPX	30/7	Ware
4:39.1	Steven Smith	U20	HPX	2/5	Stevenage
4:41.22	Daniel Tarrant	U20	HARR	25/9	Hemel H
4:42.0	George Brown	U20	HPX	24/4	Woodford
5:53.9	Shaun Daly	U20	D&T	10/7	Watford

3000m

8:33.86	Jon Pepper	U20	E&H	1/6	Watford
9:20.89	Bryn Reynolds	U20	HPX	10/8	Watford
9:38.98	Richard Tarpey	U20	HPX	18/5	Watford
9:39.66	Terry Brennan	U20	HPX	20/4	Watford

5000m

16:33.5	Bryn Reynolds	U20	HPX	30/7	Ware
16:59.38	Dan Christian	U20	E&H	25/6	Manchester
17:46.1	Terry Brennan	U20	HPX	7/5	Hastings
21:19.9	Lee Grint	U20	SNH	7/5	Peterborough

10000 metres

34:24.73	Bryn Reynolds	U20	HPX	16/7	Copthall
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2000m S/C

6:02.09	Jon Pepper	U20	E&H	4/9	Abingdon
6:15.67	Dan Christian	U20	E&H	17/9	Belgrade
7:05.9	Bryn Reynolds	U20	HPX	24/7	Haringey
7:14.5	Richard Tarpey	U20	HPX	19/6	Haringey
7:17.2	George Brown	U20	HPX	22/5	Ware
7:37.6	Terry Brennan	U20	HPX	24/4	Woodford
9:22.3	Paul Rose	U20	D&T	24/4	Woodford Green

3000m S/C

9:17.31	Jon Pepper	U20	E&H	30/7	Haringey
9:55.97	Dan Christian	U20	E&H	30/7	Haringey
10:46.0	Jack Parslow	U20	D&T	24/6	Harrow
11:04.5	Bryn Reynolds	U20	HPX	30/7	Ware
11:18.4	Richard Tarpey	U20	HPX	22/6	Portsmouth
11:19.2	Terry Brennan	U20	HPX	7/5	Hastings
13:52.1	Lee Grint	U20	SNH	7/5	Peterborough

110m Hurdles (99.1)

15.0	Richard Hansard	U20	D&T	19/6	Haringey
15.1	Rob Jones	U20	HPX	19/6	Haringey
15.24	Joe Tenny	U20	WAT	15.24	
15.9	Robert Rumble	U20	HPX	19/6	Haringey
16.0 +0.4	Pat Barrett	U20	HPX	24/7	Haringey
18.37	Oliver Keates	U20	HPX	15/5	Watford
21.91 -2.2	Daniel Tarrant	U20	HARR	25/9	Hemel H

110m Hurdles (106.7)

15.19 +0.1	Richard Hansard	U20	3/7	Bedford	
15.69 -0.7	Rob Jones	U20	HPX	14/8	Haringey
16.58 -1.3	Pat Barrett	U20	HPX	7/8	Exeter
16.6 +3.5	Robert Rumble	U20	HPX	4/9	Stevenage
17.2	Robert Rumble	U20	HPX	30/7	Ware
23.1	Paul Rose	U20	D&T	30/7	Colchester

400m Hurdles

56.9	Pat Barrett	U20	HPX	19/6	Haringey
57.0	Robert Rumble	U20	HPX	19/6	Haringey
59.0	Oliver Keates	U20	HPX	24/4	Woodford
59.0	Aaron Dombey	U20	WAT	4/9	Stevenage
65.5	Rob Jones	U20	HPX	7/5	Hastings
65.7	Lee Grint	U20	SNH	7/5	Peterborough
68.9	Jack Parslow	U20	D&T	21/5	Southend-on-Sea
69.1	Paul Rose	U20	D&T	30/7	Colchester
70.3	Shaun Daly	U20	D&T	18/9	Jarman Fields
71.5	Bryn Reynolds	U20	HPX	21/5	St Ives
82.4	Melvin Auburn	U20	SNH	25/6	Harrow

4x100m

42.84	U20	HPX	16/7	Hendon
46.8	U20	D&T	22/5	Ware

4x400

3:21.51	U20	HPX	16/7	Hendon
4.06.1	U20	D&T	22/5	Ware

High Jump

1.90m	Rob Jones	U20	HPX	19/6	Haringey
1.89m	Robert Rumble	U20	HPX	25/6	Hemel H
1.86m	Pat Barrett	U20	HPX	11/6	Hemel H
1.85m	Joe Copson	U20	D&T	22/5	Ware
1.75m	Tom Lake	U20	HPX	19/6	Haringey
1.70m	Jason Mbuyamba	U20	BAR	9/7	Haringey
1.65m	Daniel Tarrant	U20	HARR	25/9	Hemel H
1.50m	Melvin Auburn	U20	SNH	9/7	Haringey

Pole Vault

3.80m	Robert Rumble	U20	HPX	18/9	Soton
3.50m	Pat Barrett	U20	HPX	18/5	Watford
3.00m	Daniel Tarrant	U20	HARR	24/9	Hemel H
2.90m	Chris Beck	U20	WSEH	15/5	Watford
2.10m	Luke Fisher	U20	D&T	15/5	Watford

Long Jump

6.72m	Tom Lake	U20	HPX	24/4	Woodford
6.24m	Robert Rumble	U20	HPX	2/5	Stevenage
6.06m +2.1	Chris Beck	U20	WSEH	15/5	Watford
6.02m +2.0	Pat Barrett	U20	HPX	6/8	Exeter
5.96m	Rob Jones	U20	HPX	2/5	Stevenage
5.85m +0.7	M Withers	U20	StA	15/5	Watford
5.70m	Lee Grint	U20	SNH	30/7	Colchester
5.55m	James Francois	U20	D&T	22/5	Ware

5.31m	Steven Smith	U20	HPX	22/5	Ware
5.10m	Melvin Auburn	U20	SNH	21/5	Stevenage
4.91m	Paul Rose	U20	D&T	24/4	Woodford Green
4.61m +2.2	Daniel Tarrant	U20	24/9	Hemel H	
4.50m	Shaun Daly	U20	D&T	10/7	Watford

Triple Jump

13.90m	Shaun Batt	U20	E&H	4/6	Eton
12.75m	James Francois	U20	D&T	22/5	Ware
12.04m	Aaron Dombey	U20	WAT	4/9	Stevenage
11.43m -0.5	M Withers	U20	StA	15/5	Watford
11.31m	Lee Grint	U20	SNH	25/6	Harrow
11.14m +0.2	Paul Rose	U20	D&T	15/5	Watford
10.61m	Melvin Auburn	U20	SNH	15/5	Stevenage
10.33m	Michael Ajibulu	U20	HPX	22/5	Ware
10.14m	Oliver Keates	U20	HPX	24/4	Woodford
7.85m	Andrew Waddington	U20	HPX	19/6	Haringey

Shot (6k)

11.50m	Robert Rumble	U20	HPX	25/6	Hemel H
11.21m	Shaun Daly	U20	D&T	19/6	Haringey
11.16m	Pat Barrett	U20	HPX	6/8	Exeter
11.04m	Gareth Mitchell	U20	D&T	15/5	Watford
9.63m	Jack Newman	U20	HPX	19/6	Haringey
9.12m	Rob Jones	U20	HPX	24/7	Haringey
9.06m	A Hossan	U20	WAT	15/5	Watford
8.53m	Andrew Waddington	U20	HPX	19/6	Haringey
7.98m	Oliver Keates	U20	HPX	22/5	Ware
6.94m	Paul Rose	U20	D&T	18/9	Hemel H
6.80m	Benjamin Shipley	U20	D&T	18/9	Hemel H
6.44m	Daniel Tarrant	U20	HARR	24/9	Hemel H

Shot (7.26k)

9.39m	Pat Barrett	U20	HPX	28/5	Woodford
9.00m	Aaron Hull	U20	SNH	07/5	Peterborough

Discus (1.75k)

44.50m	Joel Capper	U20	E&H	11/9	Derby
34.69m	Gareth Mitchell	U20	D&T	24/4	Woodford Green
32.60m	Shaun Daly	U20	D&T	18/9	Hemel H
36.00m	Robert Rumble	U20	HPX	26/6	Hemel H
32.96m	Jack Newman	U20	HPX	19/6	Haringey
31.98m	Pat Barrett	U20	HPX	10/7	Watford
19.91m	Daniel Tarrant	U20	HARR	25/9	Hemel H
16.66m	Adam Daish	U20	HPX	22/5	Ware

Discus (2k)

31.57m	Robert Rumble	U20	HPX	16/7	Copthall
27.80m	Pat Barrett	U20	HPX	7/5	Hastings
25.03m	Aaron Hull	U20	SNH	30/7	Colchester

Hammer (6k)

26.70m	Gareth Mitchell	U20	D&T	19/6	Haringey
20.89m	Shaun Daly	U20	D&T	19/6	Haringey
20.88m	Jack Newman	U20	HPX	11/6	Hemel H
17.16m	Alistair Ledsam	U20	HPX	19/6	Haringey
8.11m	Richard Tarpey	U20	HPX	24/7	Haringey
7.94m	Paul Rose	U20	D&T	22/5	Ware
7.92m	Bryn Reynolds	U20	HPX	24/7	Haringey

Javelin

59.10m	Philip Gregory	U20	HARR	15/5	Watford
45.92m	Alistair Ledsam	U20	HPX	16/7	Copthall

44.76m	Aaron Hull	U20	SNH	7/5	Peterborough
40.62m	Robert Rumble	U20	HPX	2/5	Stevenage
38.52m	Pat Barrett	U20	HPX	10/7	Watford
34.52m	Jonathan Shaw	U20	HPX	24/7	Haringey
33.68m	Shaun Daly	U20	D&T	18/9	Hemel H
30.57m	Daniel Tarrant	U20	HARR	25/9	Hemel H
24.74m	Jack Newman	U20	HPX	22/5	Ware
22.93m	Richard Wentford	U20	D&T	24/4	Woodford Green
20.88m	Benjamin Shipley	U20	D&T	18/9	Hemel H
15.20m	Kyle Lockyer	U20	D&T	24/4	Woodford Green
13.74m	Richard Tarpey	U20	HPX	24/7	Haringey

Decathlon

6115	Robert Rumble	U20	HPX	26/6	Hemel H
5545	Pat Barrett	U20	HPX	26/6	Hemel H
3676	Daniel Tarrant	U20	HARR	25/9	Hemel H

Pentathlon

2760	Pat Barrett	U20	HPX	10/7	Watford
1553	Shaun Daly	U20	D&T	10/7	Watford